

Milagros Phillips

“The Race Healer”

TEDx presenter, four times author, racial equity coach, Milagros Phillips is a powerful extemporaneous speaker who has taken one of the most challenging topics of our time and turned it into an opportunity to learn, understand, inspire, and transform. Milagros is an Author, Speaker, Seminar Leader, and Race Coach. She has 30 years of experience bringing race literacy to universities, national leaders, corporations, and non-profits.

Her historically grounded, research, and science-backed programs on race are powerful and transformative. Milagros designs strategic learning programs for clients seeking to enhance diversity, equity & inclusion by adding race literacy to their initiatives. She assists clients with business challenges related to race in the workplace

Milagros has developed an approach to addressing race issues that focus on information, not confrontation. By shifting the focus from blame to education, Milagros empowers people to engage in productive dialogue that changes minds and hearts. The result is an individual and collective transformation that leads to awareness and inspired action.

Topics of interest to the audience include:

- The business case for addressing race in the organization
- The 5 dimensions of race & their impact on work/life
- Race Equity for diversity, inclusion, and belonging
- How race literacy can change the conversation
- How to have a race conversation that leads to healing and transformation
- Race & the stages of healing & transformation

Guest biography

Milagros received her calling at age thirteen, the day that Dr. Martin Luther King died. She locked herself in the bathroom to cry, and she knew that she had to do something about racism. But through her young girl's eyes, the prospect was daunting, dangerous, and much too scary. While she resisted doing race work for most of her life, the call became too strong and hard to resist.

Milagros has turned her experiences into a powerful, yet compassionate approach as a soothing balm on the scars and fragility caused by living in a racialized nation, regardless of skin color.

Milagros was convinced of the need for healing when she attended a diversity class in 1990. That experience opened her eyes to how divisive the topic was for people on all sides of the racial dynamic. It was at that moment that she was inspired to use the experiences, and insights she gained through her work and life into a path that would position her to be a thought leader on the subject of race, diversity, equity & inclusion.



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Few topics have the potential to create confrontation, anger, and division as quickly as the topic of race and discrimination.

Milagros Phillips has created a potent, transformative approach to addressing race issues. Her work helps people on all sides of the discussion to become “race literate,” and heal through conversation, not confrontation. Milagros has over 30 years of experience working with organizations and individuals on closing the racial divide. Her unique approach to shifting the tone and focus of the race conversation to education, transformation and action has allowed her to become affectionately known as “The Race Healer.”

In her words, “I’m passionate about this work! I have the privilege of seeing people change their minds and hearts before my very eyes! It’s humbling.”

Suggested questions for interview:

Milagros Phillips

"The Race Healer"

- What is the biggest obstacle we face as a society to removing race as a confrontational flash point among people of different backgrounds?
- Why is race literacy the starting point from your perspective?
- Why does everyone need healing from racism?
- What can people do now to remove race as a barrier to our evolution as human beings?

